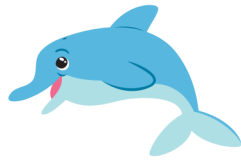
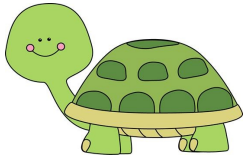


# Newsletter for February 2018



## Theme: Healthy Me!

### **Week 1**     *Getting A Check Up*

- Identify items that a doctor uses to examine a patient during check-up
- Use toy medical equipment to give pretend check-ups to stuffed animal “patients”

### **Week 2**     *Healthy Habits*

- Use the food pyramid to learn about healthy food choices
- Measure the heights and lengths of stuffed animals using interlocking blocks
- Make life sized tracing of students and label body parts. **(Except for the Dolphins, Mrs. Cox class)**

### **Week 3**     *Staying Safe and Healthy*

- Walk around the school and identify “Exit”, “Wet Floor” and other safety signs
- Create classroom safety signs

### **Week 4**     *A Dentist Visit*

- Discuss the importance of maintaining healthy teeth.



## Items Needed

- Q Tips
- Bandages
- Empty cereal boxes
- Valentine foam shapes (Dollar Tree)
- Disinfectant wipes
- Tissues– Ms. Calhoun
- Collage material and heart shaped candy-Mrs. Brylewski’s class

## Dates To Remember:

**February 9** Special Guest  
**Ms. Shawn -Music and Movement**  
at 10AM for **Ms. Brown’s Class**

**Friday, February 16** Hampton  
City School make up snow day  
No early release

**Monday, February 19:**  
**School Open** for VPI only  
Snow makeup day

**Wednesday, February 14**  
Parent Partnership  
Meeting from 5PM—6PM

**Wednesday, February 14**  
**Ms. Brown class only**  
**Valentine Celebration**  
Party will be at 9:30a.m.

**Tuesday, February 27**  
**Mrs. Brylewski Turtles**  
Field Trip to Aldi Grocery Store



[www.dhcdc.org/school-calendar.html](http://www.dhcdc.org/school-calendar.html)

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