

September 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
DHCDC is a equal opportunity provider and employer!						1
2 <ul style="list-style-type: none"> 1% Milk is served Whole Milk is offered for 12-24 month old All Grains are whole Grains 	3 School Closed Labor Day Holiday	4 WOW Butter Sandwich Fresh Broccoli Fruit Fresh or fruit cup Milk	5 Spaghetti w/Meat Sauce Steamed Corn Fruit Fresh or Fruit cup Milk	6 Pizza Steamed Carrots Fruit Fresh or fruit cup Milk	7 Sweet & Sour Chicken w/Rice Steamed Mixed vegetables Fruit Fresh or fruit cup Milk	8
9 <ul style="list-style-type: none"> 100% Juice served Sun Flower Seed Butter Spread Menu items are subject to change 	10 Chicken Tenders & Cornbread Sweet Potato Wedges Fruit Fresh or fruit cup Milk	11 Meaty Cheese Nachos Refried Beans Fruit Fresh or fruit cup Milk	12 Breakfast for Lunch Pancake, Sausage Link & Scrambled eggs Tater Tots Fresh Fruit/ Milk	13 Pizza Steamed Carrots Fruit Fresh or fruit cup Milk	14 Roasted Chicken and Roll Mashed Potatoes Fruit Fresh or fruit cup Milk	15
16	17 Hamburger Steamed Vegetables Fruit Fresh or fruit cup Milk	18 Beef and Cheese Chalupa Corn Fruit Fresh or fruit cup Milk	19 Macaroni & Cheese Seasoned Green Beans Fruit Fresh or fruit cup Milk	20 Pizza Sweet Potato Wedges Fruit Fresh or fruit cup Milk	21 Grilled Cheese Sandwich Potato Sidewinders Fruit Fresh or fruit cup Milk	22
23 Breakfast Snack	24 Chicken Bites & Roll Mashed Potatoes Fruit Fresh or fruit cup Milk Pancakes/Fruit Cup Milk Sun Chips/Milk	25 Soft Taco Corn Fruit Fresh or fruit cup Milk Cereal & Graham crackers/ Fruit Cup /Milk Muffin/Milk	26 Yogurt Pack Yogurt & Graham Crackers Fresh Cucumbers Fruit Fresh or fruit cup Milk French Toast /Applesauce Milk Goldfish/Milk	27 Pizza Baked Beans Fruit Fresh or fruit cup Milk Yogurt and Graham Crack- er /Fruit Cup/Milk Cereal/Milk	28 Teriyaki Chicken w/Rice Steamed Mixed Greens Fruit Fresh or fruit cup Milk Breakfast Sandwich w/ turkey sausage & cheese/ strawberries/milk Munchie Mix/Milk	29