

February 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
DHCDC is a equal opportunity provider and employer!					1 <i>Sweet & Sour Chicken w/Rice</i> <i>Steamed mixed Vegetables</i> <i>Milk</i>	2
3 <ul style="list-style-type: none"> 1% Milk is served Whole Milk is offered for 12-24 month old All Grains are Whole Grains 	4 <i>Chicken Tenders & Corn-bread</i> <i>Sweet Potato Wedges</i> <i>Fresh Fruit or Fruit Cup</i> <i>Milk</i>	5 <i>Meaty Nachos</i> <i>Refried Beans</i> <i>Fruit Fresh or Fruit Cup</i> <i>Milk</i>	6 <i>Breakfast for Lunch</i> <i>Pancake, Turkey Sausage</i> <i>Tater Tots</i> <i>Fresh Fruit or Fruit Cup</i> <i>Milk</i>	7 <i>Pizza</i> <i>Steamed Vegetables</i> <i>Fruit Fresh or Fruit Cup</i> <i>Milk</i>	8 <i>Roasted Chicken and Roll</i> <i>Mashed Potatoes</i> <i>Fruit Fresh or Fruit Cup</i> <i>Milk</i>	9
10 <ul style="list-style-type: none"> 100% Juice served Sun Flower Seed Butter Spread Menu items are subject to change 	11 <i>Hamburger</i> <i>Steamed Broccoli</i> <i>Fresh Fruit or Fruit Cup</i> <i>Milk</i>	12 <i>Beef and Cheese Chalupa</i> <i>Corn</i> <i>Fruit Fresh or Fruit Cup</i> <i>Milk</i>	13 <i>Macaroni & Cheese</i> <i>Green Beans</i> <i>Fresh Fruit or Fruit Cup</i> <i>Milk</i>	14 <i>Pizza</i> <i>Sweet Potato Wedges</i> <i>Fruit Fresh or Fruit Cup</i> <i>Milk</i>	15 <i>Grilled Cheese</i> <i>Potato Sidewinders</i> <i>Fruit Fresh or Fruit Cup</i> <i>Milk</i>	16
17	18 <i>Closed for President's Day</i>	19 <i>Soft Taco</i> <i>Corn</i> <i>Fruit Fresh or Fruit Cup</i> <i>Milk</i>	20 <i>Yogurt Pack Yogurt & Graham Crackers</i> <i>Fresh Cucumbers</i> <i>Milk</i>	21 <i>Pizza</i> <i>Baked Beans</i> <i>Fruit Fresh or Fruit Cup</i> <i>Milk</i>	22 <i>Teriyaki Chicken w/Rice</i> <i>Steamed Mixed Vegetables</i> <i>Fruit Fresh or Fruit Cup</i> <i>Milk</i>	23
24 Breakfast Snack	25 <i>Meaty Nachos</i> <i>Refried Beans</i> <i>Fruit Fresh or Fruit Cup</i> <i>Milk</i> <i>Pancakes /Fruit Cup/ Milk</i> <i>Goldfish Graham/Juice</i>	26 <i>WOW Butter Sandwich</i> <i>Fresh Broccoli</i> <i>Fruit Fresh or Fruit Cup</i> <i>Milk</i> <i>Cereal & Graham Crackers/Fruit Cup/ Milk</i> <i>Fresh Fruit/Cheese Stick/ Milk</i>	27 <i>Spaghetti w/ Meat Sauce</i> <i>Steamed Corn</i> <i>Fruit Fresh or Fruit Cup</i> <i>Milk</i> <i>French Toast sticks/Fruit Cup /Milk</i> <i>Muffin/Juice</i>	28 <i>Pancake on a stick/Fruit cup/Milk</i> <i>Fruit Cup/Graham Crack-er/Milk</i>	 <i>Yogurt/Graham Cracker/ Fruit cup/ Milk</i> <i>Munchie Mix Kid Snack mix/Juice</i>	