



Ducklings

Newsletter for February 2019

Mrs. Basley and Ms. Swain

Themes: Healthy Me!/Black History Month

Week 1: Getting a Check- UP

- Identify items that doctor uses to examine a patient during a check-up

Week 2: Heathy Habits

- Use the food pyramid to learn about healthy food choices.

Week 3: Staying Safe & Healthy

- Walk around the school and identify "Exit", "Wet Floor" and other safety signs

Week 4: A Dentist Visit

- Discuss the importance of maintaining healthy teeth.

Special Activities/Thanks

- Toothbrush paintings
- **Special thanks to all parents for your continued support!**

Items Needed

- Valentine Stickers
- White paper bags
- Bandages
- Donations for Valentine Party- Sign up sheet will be posted

Dates To Remember

• **Thursday, February 14:** Valentine's Day Party at 3:00 (Children may bring cards an a sweet treat)

• **Monday, February 18:** President's Day- **SCHOOL CLOSED**

• **Wednesday, February 20:** Parent Partnership Meeting @ 9:30 a.m.

• **Tuesday, February 26:** African American History Parade @ 10 a.m. in the multi-purpose room.



www.dhcdc.org/school-calendar.html

757-825-6200

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DHCDC is an equal opportunity employer and provider.