



Dolphins

Newsletter for February 2019

Mrs. Cox and Mrs. Richardson

Theme: Healthy Me!

Week 1: Getting A Check Up

- Identify items that a doctor uses to examine a patient during a check-up.
- Use medical equipment to give pretend check-ups to stuffed animal “patients”

Week 2: Healthy Habits

- Use the food pyramid to learn about healthy food choices
- Measure the heights and lengths of stuffed animals using interlocking blocks

Week 3: Staying Safe and Healthy

- Walk around the school and identify “Exit”, “Wet Floor” and other safety signs
- Create classroom safety signs

Week 4: A Dentist Visit

- Discuss the importance of maintaining healthy teeth

Special thanks to all parents for your continued support!

Reminders

- Please check your child’s bus/pick-up tag every-day for important info
- Please make sure your child has 2 complete change of clothes
- Label all outerwear

Items Needed:

Q-tips

Bandages

Valentine foam shapes (Dollar Tree)

Disinfectant Wipes

Tissues

Dates To Remember

- **February 14:** The children will exchange valentine’s –more info later
- **February 15:** Full day for children
- **Monday, February 18:** President’s Day– **SCHOOL CLOSED**
- **Wednesday, February 20:** Parent Partnership Meeting @ 9:30 a.m.
- **Tuesday, February 26:** African American History Parade @ 10 a.m. in Multi-Purpose Rm.



www.dhcdc.org/school-calendar.html

757-825-6200

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