



Ducklings

Newsletter for February 2018

Mrs. Basley and Ms. Swain

Themes: Healthy Me ! / Black History Month

Week 1: *Getting a Check-Up*

- Identify items that a doctor uses to examine a patient during a check-up.

Week 2: *Healthy Habits*

- Use the food pyramid to learn about healthy food choices.

Week 3 : *Staying Safe & Healthy*

- Walk around the school and identify "Exit", "Wet Floor" and other safety signs.

Week 4: *A Dentist Visit*

- Discuss the importance of maintaining healthy teeth.

Reminders:

- Please check backpacks and cubbies daily.
- We are a peanut free center, **please check ingredients before sending items to school.**

Items Needed:

- Valentine Stickers
- White paper bags
- Bandages
- Donations for Valentine Party—Sign up sheet will be posted.

Special Activities/Thanks:

- Toothbrush paintings
- **Special thanks to all parents for your continued support!**

Dates To Remember:

Wednesday, February 14: Valentine's Day Party at 3:00PM
(Children may bring cards and a sweet treat)

Wednesday, February 14: Parent Partnership Meeting from 5PM—6PM

TBA: Field Trip to the Dentist Office TBA

Monday, February 19

Presidents Day

CDC Closed



www.dhcdc.org/school-calendar.html

757-825-6200

www.facebook.com/dhcdc

DHDCDC is an equal opportunity employer and provider.